



**COLORADO MOUNTAIN CLUB**

**DENVER GROUP**

## Mile High Mountaineer

April 2024



© Sandy Heise



WSS bivy shelter discussion. *Photo by John Lindner*

**Wilderness Survival School (WSS)**



The Introduction to Hiking Safety seminar will teach you:

- the many aspects of safety you need to be aware of, including subjects such as lightening, forest fires, 10 Essentials, animal encounters (now including wolves), getting lost (or staying found), and being stranded overnight
- how to avoid, how to prepare for and how to respond to safety challenges
- an introduction to the extensive program of in-depth, hands-on safety training courses offered in CMC Denver Group's adult education curriculum.

The first session of the year will be held at the CMC building in Golden on Wednesday, [April 24](#) at 6:30 PM. The price is just \$10 for CMC members and \$15 for non-members.

Future seminars will be offered in [May \(22\)](#), [June \(26\)](#), and [July \(24\)](#). (To register, click on the date you want.)

To learn more, go to the [Intro to Hiking Safety webpage](#).



Courtesy of istockphoto

## Telemark Ski School -

### A Successful Season!

The 2024 Telemark Ski School offered 3 instruction sessions in January, February, and March; we taught telemark skiing skills to over 40 students this year! Our sincere appreciation goes out to these dedicated, talented, and enthusiastic Volunteer Instructors who teach and encourage our students to higher levels of telemark skiing!

Jim Kennedy

Joel Sobol

John Mill

Matt Stevens

Stephanie Porter

Larry Utter

Mary Roberts

John Davis (1st-year)

Rob Scheinman

Paul Doak, Co-Director

Marilyn Choske, Co-Director

## Good Trip Descriptions Are Important

By Denver Group Leadership Committee

Writing a good trip description for inclusion in a trip posting on CMC.org is not the easiest thing to do – we all acknowledge that. This article is intended to provide guidelines for improving how leaders and instructors describe their trips.

Why is this important, you might ask? To set expectations for the trip and help insure a successful trip for all.

The following is an example of an actual trip that appeared on the trip calendar, except the names and places were removed to protect the leader who wrote this. This trip simply says: **Starting from the xx trailhead, hike up to the xx Trail Feature, and return to the cars. We'll meet at the xx Trailhead and parking lot at 9 am.** This trip was not described well enough to provide adequate information for a participant to have realistic expectations for a day on the trails.

Trip participants deserve to know more - particularly, members new to the club, or those who are concerned that a certain trip might not be right for them. It's important that trip descriptions provide enough detail so that a participant knows what to expect.

We have found through experience that several things should be included in a trip description:

[Continued...](#)

## Announcements

- CMC is proud to announce a new partnership between CMC members and local business owners Bill & Joyce Geis. Their coffee business, **Coffee for the Cause**, aims to promote ethically-sourced and delicious coffee while supporting your favorite non-profit! [Find out more.](#)
- The **Denver Group Council** is looking for a few good members! Give back to the club and volunteer to help manage and influence policies, events/activities, and new directions for our group. If interested, email the Co-chairs at [cmcdgcc@gmail.com](mailto:cmcdgcc@gmail.com).



## In the news...

- ["Ghosts on the Glacier"](#) - A 50-year-old mountaineering mystery involving former CMC member and accomplished mountaineer Janet Johnson. New York Times
- ["10th Mountain Soldiers Honor Legendary WWII Predecessors by Skiing 24 Miles in Their Tracks"](#) - Denver Post



*Image courtesy of cmc.org*

[Upcoming Trips, Courses, and Events](#)

Check out the [CMC Calendar](#) to find your next outdoor fun!

[Schools and Course offerings](#)

[New & Prospective Member Night](#)

[Become a Trip Leader!](#)

Stay active, explore more places, and make new friends.

## Denver Group Contacts

### COUNCIL

[Denver Group Council](#)

*Meets Monthly, 2nd Tuesday (usually)*

### COMMITTEES

[Leadership Committee](#)

[Schools Committee](#)

[Conservation & Trails Committee](#)

[Member Initiatives Committee](#)

### SECTIONS

[Ascending Hikes](#)

[Backpacking](#)

[Bobcats](#)

[Fly Fishing](#)

[Over the Hill Gang \(RMOTHG\)](#)

[Photography](#)

## Call for Submissions

Have an item you'd like included in a future Mile High Mountaineer newsletter?

**The next deadline is the first Sunday of the month.** Guidelines:

- Articles should be 200 words or less, **OR** submitted as a PDF
- MHM editor reserves the right to determine what's included in the newsletter and edit submissions for clarity and length
- Photo submissions are welcome, but please include a photo credit and caption
- Submissions must be relevant to the Denver Group of the CMC and/or its members; paid advertisements are not accepted.

Please send submissions to: [cmcdgnewsletter@gmail.com](mailto:cmcdgnewsletter@gmail.com).

Questions, comments, or submissions? E-mail [cmcdnewsletter@gmail.com](mailto:cmcdnewsletter@gmail.com).

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